

**Southfield Alumnae Chapter, Delta Sigma Theta Sorority, Inc.
Founders Day 2023 Season of Service Projects**

	Mental Health Topic	Founders Day Lead	Charitable Agency	Service Project Brief Description	Assigned Group	Service Project Lead	Service Project Co-Lead
1	Family Relationships	Sherry Hicks	Orchards Children's Services	Book Drive: Donate books to Orchards Children's Library. Date for the book drive to be determined.	Legacy Circle	Kenyatta Juniel	Shellie Scott
2	Trauma Survivors (Burn Victims)	Alisa Bridges	Perfectly Scarred	Provide care packages for parents and loved ones of burn survivors while hospitalized. PS box ("Hey, you're not forgotten") would include, items like word search, journals, gum, motivations/affirmations, chap stick/lip balm.. etc. (Need items by Saturday, February 4th)	Sisterhood Engagement	Alisa Bridges	
3	Youth-Mental Health Issues	Gwen Powell	Common Ground/ The Lighthouse	Donate one or more of the following for agencies clients: blankets, winter scarves and hats, non-perishable food items or provide a catered meal for residents.	ERT	Gwen Powell	Ebone Maxwell
4	Elderly	Lisa Love-Wright	Area Agency on Aging 1B	Support and enrich Zoom event – Powerful Tools for Caregivers. Provide gift basket/giveaways for AAA 1B workshop attendees.	Diamond Sister Circle	Velva Flowers	Deja Holland
5	Dealing w/ sickness	Beverly Allen	Beaumont/Corewell Hospital	Support a family in need and dealing with sickness as a patient of Beaumont Hospital with Christmas gifts for all members of the family.	Crimson Sister Circle	Dionne George	Beverly Allen
6	Domestic abuse/Sexual Violence	Renaee Burnett Michele Jackson	Haven	Host a gift drive for Residential and START programs for critical household items, food, toiletries, baby items, etc.	Cream Sister Circle	Renaee Burnett	
7	Mental Health Illness Awareness- No Stigma & Youth Campaigns	Semea Holland	National Alliance for Mental Illness (NAMI)	Phase 1: Championing a drive to take the NAMI pledge Phase 2: Championing youth programs to create and take a similar pledge and to create positive affirmation jars to uplift and encourage themselves during those times that they may need help to overcome self sabotaging and negative thoughts.	Physical & Mental Health Phase 2: Delta Academy Delta GEMS EMBODI Cotillion	Katrina Studvent Camille Hibbler Chantinique Baker Tiana Baker Tarilyn Wright	Rhianna Pitts Tavia Redmond Pamela Williams Dawn-Denise Capers Cora Small/Georgina Tait
8	Autism	Alisa Bridges	Friendship Circle (Lessons for Life Program)	Conduct a drive for one or more of Items needed: Toothbrushes, Mini toothpaste, Various books for all ages (children-teens), Matchbox cars, Fidgets (fidget spinners, pop-its, etc), Small Purses, Coloring books, Markers, crayons, colored pencils, Beanie Babies, Play-doh, Slime, Hair accessories, Puzzles, Bubbles, Sports toys, Fun keychains	Collegiate Connection	Annie Moore	Kaitlyn Lance
9	Dementia	Beverly Allen	Universal Dementia Caregivers	Provide a pamper basket for raffle and individual caregiver survivor kits to dementia caregivers attending the agency's March 2nd lunch and learn.	Crimson Sister Circle	Beverly Allen	Tasha Hood Hicks
10	Anxiety Disorders/Suicide	Lashawn Taylor	Catholic Social Services-Royal Oak	Provide dolls of different ethnicities, gender and professions that can be used in play therapy for children suffering from anxiety and/or suicidal thoughts.	Violet Sister Circle	Karen Valentine-Melton	Avis Randle
11	Postpartum Depression	Rhonda Wilson	Ascension Providence (Southfield)	Donate baby supplies for economically disadvantaged moms to be distributed at a health fair. Items could include diapers, layettes, breast pumps and other necessities for new moms.	Sigma Sister Circle	Tasha Turner	Allece Brannon
12	ADHD	Lisa Hudgins Lopez	National Alliance for Mental Health-Metro Oakland	Email/e-cards sent to 131 members of the Farmington Hills Recovery Support Group through their facilitator. Cards will show encouragement and promote importance of self-care.	Fortitude Sister Circle	Lisa Hudgins-Lopez	Lauren Walker

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13	Foster Children	Alisa Bridges	Oakland County Foster Closet	Donate new items- Ikea shopping bags, 3 in 1 shampoo and body wash, baby wipes, house wear items for age out foster kids, towels/bath towels	Theta Sister Circle	Tavia Redmond	
14	Children with Diabetes	Joann Stephens	American Diabetes Association, Southeast MI Chapter	Camp Midicha is an opportunity for diabetic youth in MI to have fun, make lasting friendships, and learn the skills they need to live a full and healthy life. The Sister Circle/Committee will establish a fundraising campaign to support youth attendance via the "Give the Gift of Camp" effort.	Golden Circle	Yolanda Durfield	
15	Substance use disorder	Melanie Stinson	Ascension Eastwood Recovery Center	Raise donated funds to purchase equipment (commercial waffle iron, griddle, cereal dispenser, etc.) to create a Self-Service Breakfast Bar for clients in recovery treatment so they can be alert and fully engage in group therapy.	Ways & Means	Ramona Edwards	
16	Social Isolation	Beverly Cousin	Ferndale Co-Op/ Arden Courts	Volunteer for an afternoon of fellowship and companionship at the senior housing center. Possible activities include bingo, exercise, checkers, Tic Tac Toe. Possible discussion topic on how we can work against social isolation & loneliness.	CP&CO	Joann Stephens	Semea Holland
17	Breast Feeding	Lashawn Taylor	Black Mothers Breast Feeding Association	Provide self-care kits for Mom's for their March 17th meeting. Attendance estimated to be approximately 12 and kits can include items such as candles, bath bombs, lotion, breastmilk storage bags, lanolin nipple cream, nursing pads, etc.	Pearl Sister Circle	JoAnne Woodard	Shanna Young
18	Depression	Shirley McClain	First Family Counseling	Decorate and provide small positive affirmations that will be placed in the waiting room for their clients and the clients would be directed to take one with them.	Umoja Nia 23	Shirley McClain	
19	Grief	Joann Stephens	Azal Benne Lockett Foundation	Creation/decoration of memory boxes for parents experiencing perinatal loss. Boxes contain items that honor memory of baby like picture frame, naming certificate, journal, poetry, etc.	DIVINE 49	Camille Hibbler	
20	Children with Cancer	Lisa Montgomery	Fleece & Thank You	Provide fleece blankets to hospitals to support kids who are receiving treatment for Cancer. Volunteers can assist the program in three ways: 1. Donate \$30 (the cost of the blanket kit) to the program, 2. Volunteer to prep blanket kits at the warehouse, 3. Order blanket kits, host a blanket making session and donate the blankets that are made. Each child receives a fleece blanket and a special video message of encouragement from the blanket's creator.	Delta Sister Circle	Lisa Montgomery	
21	Traumatic Brain Injury/PTSD	Pat Moncrease	Spectrum Rehabilitation	Provide decorated self care boxes that will help clients with short and long term memory difficulties. Needed items include notebooks, post-it notes, page flags/markers, puzzles, etc.	Ruby Sister Circle	Rhianna Pitts	
22	Sleep Disorder	Rita Dandridge	Beaumont Sleep Clinic	Provide kits to sleep study patients. Kits can include items such as eye masks, lavender scented products, bath salts, toothbrush, toothpaste, combs, etc.	May Week	Veneice Daniels	Tonia Archibald